

PAYFLEX[®]

**HELPING YOU GET
THE CARE YOU NEED,
WHEN YOU NEED IT**



PAYFLEX[®] SPECIALIZED HEALTH REIMBURSEMENT ARRANGEMENT[™] FOR MENTAL WELL-BEING

Your mental health is more important than ever these days. That's why we're offering you a Health Reimbursement Arrangement (HRA), specialized to support mental well-being services. This is an account funded by your employer. You can use these funds to pay for in- and out-of-network mental well-being services.



These services and providers could include:

- Applied behavioral analysis
- Behavioral health apps and telemedicine
- Clinical social workers
- Certified addictions counselors
- General and clinical psychologists
- Drug and alcohol counselors
- Psychiatrists
- Licensed counselors and examiners
- Psychotherapists
- Psychiatric nurses and behavioral health nurse practitioners

BENEFITS OF A SPECIALIZED HRA

You get money for eligible expenses

You can use the money from your employer to pay for eligible mental well-being services.

More access to mental well-being services

A Specialized HRA covers in- and out-of-network services and reduces the burden of out-of-pocket expenses.

You have instant access to your money

The Specialized HRA debit card makes it easy to spend money that is available to you.



You get online support

- Get 24/7 access to your account information from your PayFlex member website
- View your account balance and employer contributions
- Submit claims for reimbursement
- Enroll in direct deposit
- Review debit card transactions



Need help with your Specialized HRA?

Call 1-855-689-8942 (TTY: 711)

Monday through Friday, 7 AM to 7 PM (CT) | Saturday, 9 AM to 2 PM (CT)

A representative can help you using the **Share My Screen** feature while online in your member dashboard.

HOW TO USE THE FUNDS IN YOUR SPECIALIZED HRA

Your employer will deposit a defined amount of funds available for mental well-being services. Once funds are available in your account, you can:



Use your PayFlex® Specialized HRA debit card

Pay for eligible expenses.



Pay for eligible expenses with cash, a check or a personal credit card

Then pay yourself back by submitting a claim via the PayFlex Mobile® app, **PayFlex.com** or by submitting a completed claim form.



Pay your provider

Use your PayFlex member website to pay your provider directly from your account.

Things to remember:

- When submitting a claim for reimbursement, you can have the money deposited directly into your checking or savings account.
- If you don't sign up for direct deposit, no worries. We'll mail you a check.



Download the PayFlex Mobile app

- Manage your account
- View alerts and notifications
- Snap a photo to submit a claim

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