

TexFlexSM Health Care and Dependent Care Accounts

Here is a list of some common eligible expenses.

For more information or to view a full list of eligible items, visit www.TexFlexERS.com.

Eligible health care FSA expenses:

- Copays, deductibles and coinsurance
- Feminine and menstrual care products
- Acupuncture
- Blood pressure monitors
- Body scans
- Childbirth classes
- Chiropractic care
- Contact lenses (prescription), solutions, cleaners and cases
- Dental care (including crowns, endodontic services, fillings, implants, oral surgery, periodontal services and sealants, but not porcelain veneers)
- Diabetic supplies
- Fertility treatments – with Letter of Medical Necessity; see note
- First aid kits
- Flu shots
- Foot care (for example: athlete's foot products, arch supports, callous removers, etc.)
- Hearing aids (including batteries)
- Home diagnostic tests and kits (for example: cholesterol, colorectal screenings, etc.)
- Home medical equipment (for example: crutches, wheelchairs, canes, oxygen, respirators, etc.) – with Letter of Medical Necessity; see note
- Laser eye surgery – with Letter of Medical Necessity; see note
- Learning disability therapies (including speech therapy and remedial reading) – with Letter of Medical Necessity; see note
- Medical supplies
- Mental health counseling
- Occupational therapy
- Orthodontia
- Over-the-counter medicine
- Physical therapy
- Prescription drugs
- Preventive care screenings
- Prosthetics
- Psychiatric services and care
- Service animals
- Shipping and handling charges for medical needs, such as eligible over-the-counter items and mail-order prescriptions
- Smoking cessation products
- Specialized equipment and services for disabled persons*
- Substance abuse treatment
- Sunscreen (SPF 15 and above) – Letter of Medical Necessity is required if under SPF 15; see note
- Transportation expenses related to medical care
- Vision care (including prescription eyeglasses, prescription sunglasses and vision correction procedures)

Eligible dependent care expenses:

- Childcare for dependents under the age of 13 -- at a day care center, day camp, sports camp, nursery school, or by a private sitter
- Before- and after-school care -- must be billed separately from tuition
- Adult day care expenses for eligible dependents claimed on your taxes
- Expenses for an in-home aid whose duties include caring for an eligible dependent
- Placement fee expenses and au pair-related costs

NOTE: Where noted, a Letter of Medical Necessity from your health care provider may be required for the expense to be considered eligible for reimbursement. To learn more and to review the related form, visit www.TexFlexERS.com.

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